



HH0089 Is Energy Always Conserved?

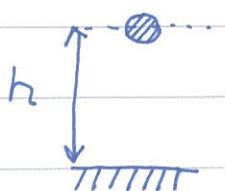
In high-school education, you may have learned different forms of energies already.

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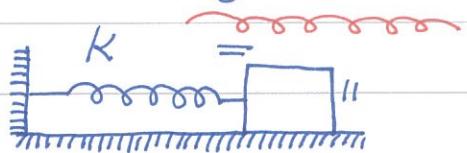
$$v \rightarrow K = \frac{1}{2}mv^2$$

$$K = \sum_{i=1}^N \frac{1}{2}m_i v_i^2$$

Kinetic energy for moving particles. — just add up all contributions. In addition, we also know some simple potential energies ...



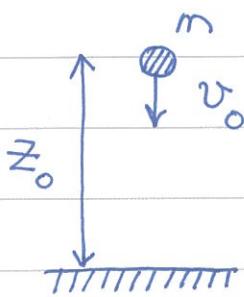
$$U_g = mgh$$



$$U_s = \frac{1}{2}Kx^2$$

For potential energy, one needs to specify where the ZERO is. For instance, we often choose $U_s=0$ at the equilibrium point for the spring.

① Conservation of energy from EOM.



Write down the EOM first: $m \frac{dv}{dt} = -mg$

$$\frac{dv}{dt} = -g \quad \text{find the solution } v(t) \rightarrow$$

$$\int_0^t \frac{dv}{dt} dt = \int_0^t -g dt \rightarrow v(t) - v_0 = -gt$$

By integrating EOM, we find the solution for $v(t)$:

$$v(t) = v_0 - gt \quad \text{note that } v(t) = \frac{dz}{dt}.$$

$$\rightarrow \int_0^t \frac{dz}{dt} dt = \int_0^t (v_0 - gt) dt$$

$$z(t) - z_0 = v_0 t - \frac{1}{2}gt^2 \rightarrow$$

$$z(t) = z_0 + v_0 t - \frac{1}{2}gt^2$$





An interesting relation emerges if one tries to eliminate the variable t . ☺

$$v = v_0 - gt \rightarrow t = \frac{1}{g}(v_0 - v)$$

substitute into
 $z(t)$ solution

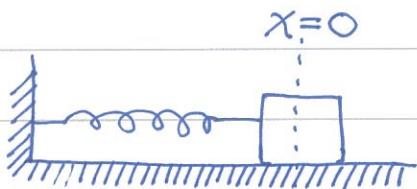
$$z = z_0 + \frac{1}{g} v_0 (v_0 - v) - \frac{1}{2} \cancel{\frac{1}{g}} \cancel{\frac{1}{2}} (v_0 - v)^2$$

After some algebra, the above equation can be brought into an inspiring form.

$$z = z_0 + \frac{1}{2g} v_0^2 - \frac{1}{2g} v^2 \rightarrow \boxed{\frac{1}{2} m v^2 + mg z = \frac{1}{2} m v_0^2 + mg z_0}$$

From the above result, we know EOM tells us the energy is conserved.

Let us turn to the SHM. Suppose $x(0) = A$ and $v(0) = 0$.



We again write down the EOM:

$$m \frac{d^2x}{dt^2} = -kx$$

We already learned the solution in previous lectures.

$$x(t) = A \cos(\omega_0 t), \quad v(t) = \frac{dx}{dt} = -A\omega_0 \sin(\omega_0 t)$$

where $\omega_0 = \sqrt{k/m}$ is the natural frequency of SHM.

$$\begin{aligned} \frac{1}{2} m v^2 + \frac{1}{2} k x^2 &= \frac{1}{2} m A^2 \omega_0^2 \sin^2(\omega_0 t) + \frac{1}{2} k A^2 \cos^2(\omega_0 t) \\ &= \frac{1}{2} k A^2 [\sin^2(\omega_0 t) + \cos^2(\omega_0 t)]. \end{aligned}$$

Because $\sin^2 z + \cos^2 z = 1$, we obtain the interesting relation for SHM:

$$\boxed{\frac{1}{2} m v^2 + \frac{1}{2} k x^2 = \frac{1}{2} k A^2 = \text{const.}}$$

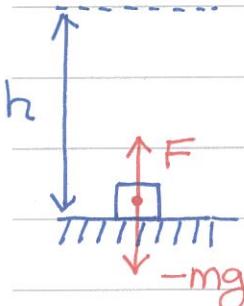




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① Work - kinetic energy theorem.

From previous examples, we guess EOM and E-conservation are closely connected. Is this true? What about another quantity "work"? Is it also related to E-conservation?



Suppose we apply an upward force F , equal in magnitude with gravity force $-mg$. Lift the object from $z=0$ to $z=h$.

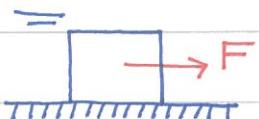
$$W_F = F \cdot h = mgh > 0$$

We often say that the work done by the external force W_F is transformed into the increase of the potential energy. But, the gravitational force also does some work....

$$W_G = (-mg) \cdot h = -mgh, \text{ in fact } W_F + W_G = 0 !$$

Because the work done by the total external force is ZERO, why should the energy increase?

Short answer is - "work" is related to the change of kinetic energy, not energy.



$$F = \frac{dp}{dt} = m \frac{du}{dt} \quad \text{integrate over } dx \text{ on both sides.}$$

$$\int_1^2 F dx = \int_1^2 m \frac{du}{dt} dx$$

$$\textcircled{1} \text{ Work is defined } W = \int_1^2 F dx$$

$$\textcircled{2} \text{ } \frac{du}{dt} dx = du \frac{dx}{dt} = v du$$





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$$W = \int_1^2 m u du = \frac{1}{2} m u_2^2 - \frac{1}{2} m u_1^2$$

The above result is the so-called work-energy theorem.

$$W = \Delta K = \frac{1}{2} m u_2^2 - \frac{1}{2} m u_1^2$$

Note that the theorem is just an integrated form of EOM.

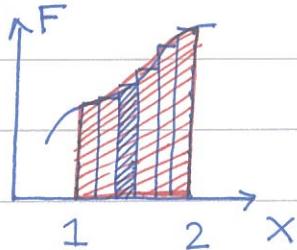
① Definition of work, revisited.

In general, the work is defined as the inner product of the force and the displacement,

$$W = \vec{F} \cdot \Delta \vec{r} = |\vec{F}| |\Delta \vec{r}| \cos \theta \quad \text{geometric form}$$

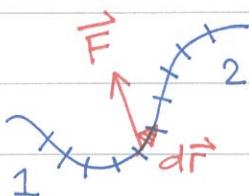
$$= F_x \Delta x + F_y \Delta y + F_z \Delta z \quad \text{component sum.}$$

When the force is not constant, one can add up all contributions by integration.



$$W = \int_1^2 F dx$$

The work equals the area in red.



For the general case in 3D, computing "work" requires hard working ☹

$$W = \int_1^2 \vec{F} \cdot d\vec{r}$$

$$= \int_1^2 F_x dx + F_y dy + F_z dz$$

As is clear from the definition, if $\vec{F} \cdot d\vec{r} = 0$, no work is done. The vector property here is of crucial importance.





Here, let's work out some examples 😊

$$\begin{array}{l} -mg \downarrow \\ \text{---} \\ z_1 \\ \text{---} \\ z_2 \\ \text{----} \end{array} \quad W = \int_1^2 (-mg) dz = -mg(z_2 - z_1)$$

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The work done by gravity looks similar to the gravitational potential energy 🤔!

$$\begin{array}{l} K = \\ \text{---} \\ \text{Spring} \\ \text{---} \\ x_1 \quad x_2 \end{array} \quad W = \int_1^2 (-Kx) dx = -\frac{1}{2}K(x_2^2 - x_1^2)$$

Again, the work done by the spring force looks similar to the elastic potential energy.

Finally, we rederive the work-energy theorem in 3D.

$$\vec{F} = m \frac{d\vec{v}}{dt} \rightarrow \int_1^2 \vec{F} d\vec{r} = \int_1^2 m \frac{d\vec{v}}{dt} \cdot d\vec{r}$$

$$\text{Again, } \frac{d\vec{v}}{dt} \cdot d\vec{r} = d\vec{v} \cdot \frac{d\vec{r}}{dt} = \vec{v} \cdot d\vec{v} = v_x dv_x + v_y dv_y + v_z dv_z$$

The integrated EOM now takes the form,

$$\begin{aligned} W &= \int_1^2 m v_x dv_x + m v_y dv_y + m v_z dv_z \\ &= \left. \frac{1}{2} m (v_x^2 + v_y^2 + v_z^2) \right|_1^2 = \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2 \end{aligned}$$

The work-energy theorem takes the same form as in 1D.



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